Billingham Forum Swimming Programme · School Holiday Sessions

Town Centre, Billingham, Stockton-on-Tees TS23 2LJ
TEL: 01642 551381

MAIN POOL...MAIN POOL...MAIN POOL...MAIN POOL...

Mon	Tue	Wed	Thu	Fri	Sat	Sun
7 - 9am Early Bird Swim	7 - 9am Early Bird Swim (shared 7-8am with Billingham Amateur Swim Club)	7 - 9am Early Bird Swim	7 - 9am Early Bird Swim (shared 7-8am with Billingham Amateur Swim Club)	7 - 9am Staff Training	7 - 9am Billingham Amateur Swim Club	7 - 9am B.O.S.S.S and Billingham Amateur Swim Club
9 - 10am Public Session	9 - 10am Public Session	9 - 10am Public Session	9 - 10am Public Session	9 - 10am Public Session	9.15 - 11.30am Public Session and Swimming Lessons	9am - 2pm Public Session
10 - 12pm Fun Floats	10am - 12pm Fun Floats	10 - 12pm Fun Floats	10am - 12pm Fun Floats	10am - 12pm Fun Floats	11.30am - 2pm Public Session	
12 - 1.30pm Lunch Time Swim	12 - 1.30pm Lunch Time Swim	12 - 1.30pm Lunch Time Swim	12 - 1.30pm Lunch Time Swim	12 - 1.30pm Lunch Time Swim		
1.30 - 2.30pm Inflatable Session and Fun Floats	1.30 - 2.30pm Fun Floats	1.30 - 2.30pm Inflatable Session	1.30 - 2.30pm Fun Floats	1.30 - 2.30pm Inflatable Session	2pm - 3pm Fun Floats	2 - 3pm Fun Floats
2.30 - 8pm Public Session shared 3.30 - 5pm with Swimming Lessons shared 5 - 6pm with Lifesaving Club shared 6 - 8pm with Billingham Amateur Swim Club	2.30 - 8pm Public Session shared 4 - 5.45pm with Swimming Lessons shared 5.45 - 7.45pm with Billingham Amateur Swim Club	2.30 - 7.15pm Public Session shared 4 - 6pm with B.O.S.S.S. shared 6 - 7pm with Billingham Amateur Swim Club	2.30 - 6pm Public Session shared 3.30 - 6pm with Swimming Lessons	2.30 - 7.30pm Public Session shared 4.30 - 5.30pm with Swimming Lessons shared 5.30 - 6.30pm with Billingham Amateur Swim Club	3pm - 7.30pm Public Session	3 - 8.45pm Public Session shared 5 - 7pm with B.O.S.S.S. shared 7 - 8pm with Hartlepool Triathletes
8 - 9pm Adults Only (shared from 8.15pm with Adult Swim Lessons)	8 - 8.45pm Aquafit	7.15 - 8pm Fit 2 B Mum Aquafit 8 - 8.45pm Aquafit	6 - 7.30pm B.O.S.S.S and Billingham Amateur Swim Club 7.30 - 8.45pm Ladies Only	7.30 - 8.45pm Adults Only	7.30 - 8.45pm Adults Only	
9 - 10pm Sub Aqua Club	8.45 - 9.45pm Sub Aqua Club	8.45 - 9.45pm Lifesaving Club	8.45 - 9.30pm Adults Only and Aquafit	8.45 - 9.45pm Sub Aqua Club	8.45 - 9.45pm Laned Swimming	8.45 - 9.45pm Sub Aqua Club

SMALL POOL...SMALL POOL...SMALL POOL...SMALL POOL...

Mon	Tue	Wed	Thu	Fri	Sat	Sun
7am - 10am Public Session	7am - 10am Public Session	7am - 10am Public Session	7am - 10am Public Session	7 - 9am Staff Training	PICK UP YOUR SWIMMING ACTIVITY & PRICE GUIDE TODAY!	
10 - 11am Parent & Toddler	10 - 11am Parent & Toddler	10am - 12pm Fun Floats	10am - 12pm Fun Floats	9 - 10am Public Session	9 - 11am Swimming Lessons	9am - 12pm Public Session
11am -12pm Fun Floats	11am -12pm Fun Floats			10am - 12pm Fun Floats	11am - 2pm Public Session	
12 - 1.30pm Public Session	12 - 1.30pm Public Session	12 - 1.30pm Public Session	12 - 1.30pm Public Session	12 - 1pm S.N.A.P.S. 1 - 1.30pm Public Session		12 - 1pm S.N.A.P.S. 1 - 2pm Public Session
1.30 - 2.30pm Fun Floats	1.30 - 2.30pm Fun Floats	1.30 - 2.30pm Swimming Lessons 2.30 - 4pm Public Session	1.30 - 2.30pm Fun Floats	1.30 - 2.30pm Fun Floats	2 - 3pm Fun Floats	2 - 3pm Fun Floats
2.30 - 3.30pm Public Session 3.30 - 6pm Swimming Lessons	2.30 - 4pm Public Session 4 - 6pm Swimming Lessons	4 - 5.30pm Swimming Lessons	2.30 - 4pm Public Session 4 - 5.30pm Swimming Lessons	2.30 - 4pm Public Session 4 - 5.30pm Swimming Lessons	3 - 7.30pm Public Session	3 - 8.45pm Public Session
6 - 8.15pm Public Session	6pm - 7.30pm Fun Floats	5.30 - 8.45pm Public Session	5.30 - 7.30pm Fun Floats	5.30 - 7.30pm Public Session		
	7.30 - 8.45pm Public Session		Under 3's Swim FREE			

www.teesactive.co.uk

Please note All children under 8 years of age must be accompanied in the water by an adult (16years+) with a maximum ratio of 2 children per adult

Key

- Instructed session in shallow end, remainder of pool open to public
- Sessions CLOSED to the public

Take the hassle out of organising a birthday party by letting us do it for you!

Party Time

We can cater for any party size within public swimming sessions.

For further details or to book contact **Billingham Forum** Reception on (01642) 551381.

Locker Keys

Please bring a (refundable) £1 to operate the lockers

THE USE OF VIDEO OR PHOTOGRAPHY IS PROHIBITED (UNLESS ARRANGED BY PRIOR AGREEMENT)

This facility is supported by Stockton - on - Tees Borough Council and is managed by Tees Active Ltd.

Billingham Forum Swimming Programme - Term Time Sessions

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9am - 12pm Public Session shared with Schools	9am - 12pm Public Session shared with Schools	9am - 12pm Public Session shared with Schools	9am - 12pm Public Session shared with Schools	9 - 10am Early Bird Swim shared with Schools 10am - 12pm Public Session shared with Schools	9.15 - 11.30am Public Session and Swimming Lessons 11.30am - 2pm Public Session	9am - 2pm Public Session
12 - 1.30pm Lunch Time Swim (shared from 1pm with Schools)	12 - 1.30pm Lunch Time Swim (shared from 1pm with Schools)	12 - 1.30pm Lunch Time Swim (shared from 1pm with Schools)	12 - 1.30pm Lunch Time Swim (shared from 1pm with Schools)	12 - 1.30pm Lunch Time Swim (shared from 1pm with Schools)	2pm - 3pm Fun Floats	2pm - 3pm Fun Floats
1.30 - 3pm Public Session shared with Schools	1.30 - 3pm Public Session shared with Schools	1.30 - 3pm Public Session shared with Schools	1.30 - 3pm Public Session shared with Schools	1.30 - 3pm Public Session shared with Schools		
3 - 8pm Public Session shared 3.30 - 5pm with Swimming Lessons shared 5 - 6pm with Lifesaving Club shared 6 - 8pm with Billingham Amateur Swim Club	3 - 8pm Public Session shared 3.15-4pm with Active Health Aquafit shared 4 - 5.45pm with Swimming Lessons shared 5.45 - 7.45pm with Billingham Amateur Swim Club	3 - 7.15pm Public Session shared 4 - 6pm with B.O.S.S.S. shared 6 - 7pm with Billingham Amateur Swim Club	3 - 6pm Public Session shared 3.30 - 6pm with Swimming Lessons	3 - 7.30pm Public Session shared 4.30 - 5.30pm with Swimming Lessons shared 6.00-7.00pm with Billingham Amateur Swim Club	3pm - 7.30pm Public Session	3 - 8.45pm Public Session shared 5 - 7pm with B.O.S.S.S. shared 7 - 8pm with Hartlepool Triathletes
8 - 9pm Adults Only (shared from 8.15pm with Adult Swim Lessons)	8 - 8.45pm Aquafit	7.15 - 8pm Fit 2 B Mum Aquafit 8 - 8.45pm Aquafit	6 - 7.30pm B.O.S.S.S and Billingham Amateur Swim Club 7.30 - 8.45pm Ladies Only	7.30 - 8.45pm Adults Only	7.30 - 8.45pm Adults Only	
9 - 10pm Sub Aqua Club	8.45 - 9.45pm Sub Aqua Club	8.45 - 9.45pm Lifesaving Club	8.45 - 9.30pm Adults Only and Aquafit	8.45 - 9.45pm Sub Aqua Club	8.45 - 9.45pm Laned Swimming	8.45 - 9.45pm Sub Aqua Club

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9 - 10am Public Session shared with Schools 10 - 11am Parent & Toddler	9 - 10am Public Session shared with Schools 10 - 11am Parent & Toddler	9 - 12am Public Session shared with Schools	9 - 12am Public Session shared with Schools	9 - 12am Public Session shared with Schools	9 - 11am Swimming Lessons 11am - 2pm Public Session	9am - 12pm Public Session
11am -12pm Fun Floats	11am -12pm Fun Floats					
12 - 1pm Public Session	12 - 1pm Public Session	12 - 1.30pm Public Session (shared from 1pm with Schools)	12 - 1.30pm Public Session (shared from 1pm with Schools)	12 - 1pm Public Session		12 - 1pm S.N.A.P.S.
1 - 3.30pm Public Session (shared until 3pm with Schools)	1.30 - 4pm Public Session (shared until 3pm with Schools)	1.30 - 2.30pm Swimming Lessons 2.30 - 4 pm Public Session (shared until 3pm with Schools)	1.30 - 2.30pm Fun Floats 2.30 - 4pm Public Session (shared until 3pm with Schools)	1 - 3pm Public Session shared with Schools	2 - 3pm Fun Floats	1 - 2pm Public Session 2 - 3pm Fun Floats
3.30 - 6pm Swimming Lessons	4 - 6pm Swimming Lessons	4 - 5.30pm Swimming Lessons	4 - 5.30pm Swimming Lessons	3 - 4pm Public Session 4 - 5.30pm Swimming Lessons	3 - 7.30pm Public Session	3 - 8.45pm Public Session
6 - 8.15pm Public Session	6 - 7.30pm Fun Floats	5.30 - 8.45pm Public Session	5.30 - 7.30pm Fun Floats	5.30 - 7.30pm Public Session		
	7.30 - 8.15pm Public Session					

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